

Please come be our Valentine!

We're inviting you to:  
**Celebrating Ourselves!**  
**An EMPOWERMENT workshop**  
For girls, grades 5 -12

Saturday, February 13, 2010

10:00 a.m. - 2:30 p.m.

Polk County River Place

2309 Euclid Ave

Des Moines, IA 50310

515-286-3600

To make sure that there is an accurate count  
for prizes, gifts, food and transportation,  
RSVP's will be accepted until February 5, 2010.

Space is limited to 100 please RSVP early!  
Thank you!

This workshop is a joint effort by:  
Young Women's Resource Center  
MONSOON  
Polk County Crisis & Advocacy Services  
LUNA

